

Stjørdal River

Fishing rules and regulations for the 2008 season

General rules

- Fishing on the Stjørdal and Forra rivers is permitted from midnight 1 June till midnight 31 August. On the Sona River fishing is permitted from midnight 1 June till midnight 31 July.
- Only spoon, spinner, wobbler, worm and fly are allowed used,
- Use of led weight is only allowed when worming,
- It is not allowed to use prawns, artificial worm or similar baits,
- When fishing with 'dupp' (floater) – it should float on the top of the water,
- When fly-fishing, the casting line is the only allowed weight,
- Any catch, also released fish, SHOULD be reported to the fishing provider – weight or length,
- A fish with a removed adipose fin should **always** be reported,
- From 10 August, fishing 100 meters downstream from Feroset and Sonoset can only take place with 'light' fly-fishing equipment,
- The fishing rules and regulations can be changed based on an evaluation meeting at the end of July.

Bag limits and quotas

- The quota for one day is defined as the catch **one angler** is allowed during one day (24 hours) fishing,
- Each permit rotate on a **one day** (24 hours) basis and the changeover is at midnight,
- The quota is for **one angler** only and cannot be forwarded to anyone else,
- Released fish is not included in the quota but **should** be reported,
- The daily quota for the Stjørdal River system is 1 caught (killed) fish (salmon or sea-trout) during June and 2 caught (killed) fish (salmon or sea-trout) during July and August. Only one caught fish can be more than 3 kilos (6.6 lb).
- The seasonal quota is 10 fish (salmon or sea-trout) of which 5 can be over 3 kilos,
- When the quota has been achieved or one fish over 3 kilos has been caught – the fishing should be terminated until a new fishing day starts at midnight,
- Farmed fish should be killed and kept and is not included in the quota,
- Fish under 35 centimetres and kelt should be released immediately as it is prohibited to keep,
- As from 1 August all salmon over 3 kilos (70 centimetres) with spawning colours should be released.

Prevention against fish disease

- If worming, only worm from the Stjørdal area is permitted,
- The exception is worm bought from a producer that is approved by the Norwegian Food Safety Authority,
- Equipment used in other rivers or brackish water and the equipment of any newly arriving angler, **should** be disinfected prior to the fishing. This particularly includes waders and any other 'Gyrodactylus salaris'-risk carrying equipment to be used,
- Water from containers, waders and any other water carrying equipment or tools **should not** be emptied into any other waterway than where it came from originally,
- Fish caught in one water system **should not** be gutted and washed in a different water system. This also includes fish caught at sea. It cannot be brought to a river system to be gutted or washed or similar.

It is not allowed to use other equipment or bait than permitted by these rules and regulations.